

North East Wilds Non-Executive Director Role (Voluntary)

We are currently looking for new Directors to join our team and support the organisation, develop a strategy and guide us through this very exciting stage in our development.

About Us

North East Wilds CIC has been running for 2 years, supporting people to access outdoor activities to improve their mental health and well-being.

We run forest school programmes, bushcraft days and community gardening to encourage a greater connection with nature, community and improved mental health for people of all ages. This is becoming more and more important as society spends more time indoors, on screens and working in isolation.

Our sessions help address key areas of mental health including:

- Reducing loneliness and nurturing friendships
- Increasing self-esteem through learning new skills
- Improved physical health through exercise, healthy eating and improved sleep
- Greater mindfulness through dedicated DBT skills-teaching
- Improved empathy and gratitude through care for the environment.

These combine to help improve individual wellbeing and community resilience in ways that are sustainable and accessible.

Activities include: Campfire cooking, fire lighting, den building, survival skills, simple foraging, green woodworking, using hand tools safely, woodland games, tree and plant identification, growing fruit and vegetables, crafts such as whittling and willow weaving and natural art.

We use grants and revenue generated from our open sessions to ensure those who face barriers to accessing the outdoors can also benefit from what we offer. We purposefully create projects that address the imbalance of access and use of green spaces for reasons of health, gender, citizenship and perceptions. In 2021 our focus is to develop more opportunities for our service users to help direct and ultimately lead the work that we do.

We operate from a number of sites throughout Newcastle, Gateshead, Northumberland and County Durham and are investigating the possibility of a permanent site dedicated to promoting mental health and wellbeing through spending time in nature.

See www.northeastwilds.org for more information and details about the programmes that we run.

Time Commitment: Quarterly Meet and ongoing problem solving – via email/whatsapp.
Focused projects would be time limited and pre-agreed.
The total hourly commitment would be a minimum of 24 hours a year
The location for meetings is flexible and may be via Zoom.

Initially we are looking to recruit Directors with the following areas of expertise, although we welcome applications from people with other skill sets:

1. Mental Health therapy, inclusive of a wide range of disciplinary backgrounds.
2. Finance/bookkeeping and forecasting.
3. Marketing, networking and communications

Roles and responsibilities of all Directors:

- Formulate & review the organisation's strategy to achieve its aims and objectives
- Ensure policy & practices keep to the organisation's aims and core values
- Ensure the organisation functions within its legal and financial requirements, and strives to achieve best practice
- Promote the objectives of the organisation

Essential Qualities of All Directors

- A passion and commitment towards North East Wild's mission and aims
- Understanding and acceptance of the [legal duties, responsibilities and liabilities of Directorship](#)
- Familiarity with our [governing document](#)
- A willingness to devote time to carrying out responsibilities and a vision to move towards new opportunities
- A willingness to work together as a team to constructively discuss topics and reach decisions for the company

Application Process

To apply for one of the posts above, please prepare no more than one side of A4 telling us which director role(s) you are applying for, your relevant experience and what difference you hope to make to North East Wilds. Please also include your full name and contact details. Please send these to hello@northeastwilds.org.

If you would like to ask any questions or discuss the roles before applying email the address above or call: 07713642169

Thank you for taking the time to read and consider this, we hope to hear from you soon.

Contact Information

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